

Salt Dough

Salt dough is a fun and easy activity that you can make with ingredients from your own kitchen. It is a great alternative to clay, contains no harsh chemicals, and bakes solid at a low temperature.

Materials:

- 2 cups of flour
- 1 cup of salt
- 1 cup of water

Instructions

1. Mix flour and salt together first.
2. Slowly add the water as you stir until the dough is ready to handle
3. Knead the dough for about 10 minutes
4. Allow the dough to rest for about 20 minutes.
5. Preheat oven to 250° F
6. Now you can flatten out the dough and cut out shapes or build any sort of model you like! You can also make imprints of your hands, shells, flowers, etc.
7. Bake in your preheated oven for about 2 hours (or until dry and hard).
8. Remove from oven and let cool.
9. Once your salt dough is nice and cool you can start to paint an color!