

Paper Quilling

Paper quilling is the art of manipulating strips of paper to make decorative designs and shapes. It is believed to have begun in Ancient Egypt and gained popularity in Europe during the Renaissance as decoration for religious items. There are examples of it throughout history and it is even popular today!

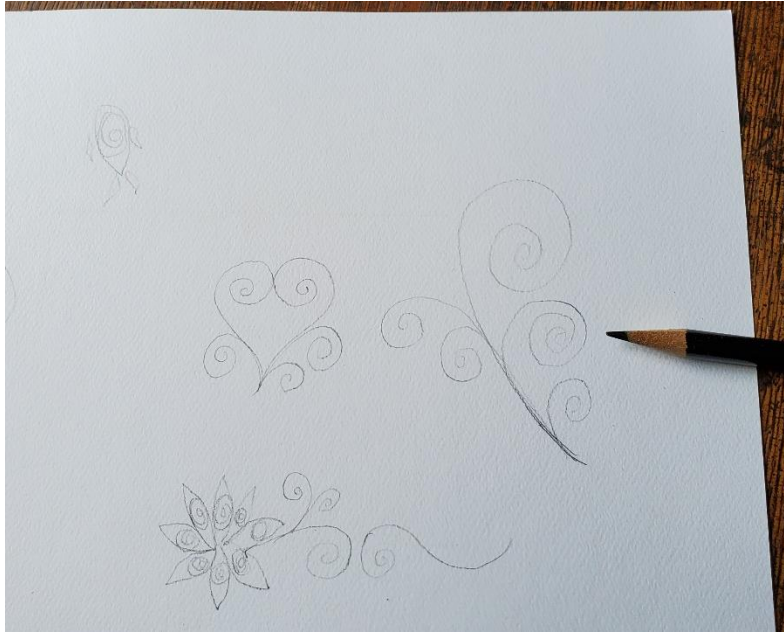
Materials:

- 1 sheet of background paper
- Colored construction paper
- Glue
- Writing utensil
- Scissors (paper shredder, or cutter)



Instructions:

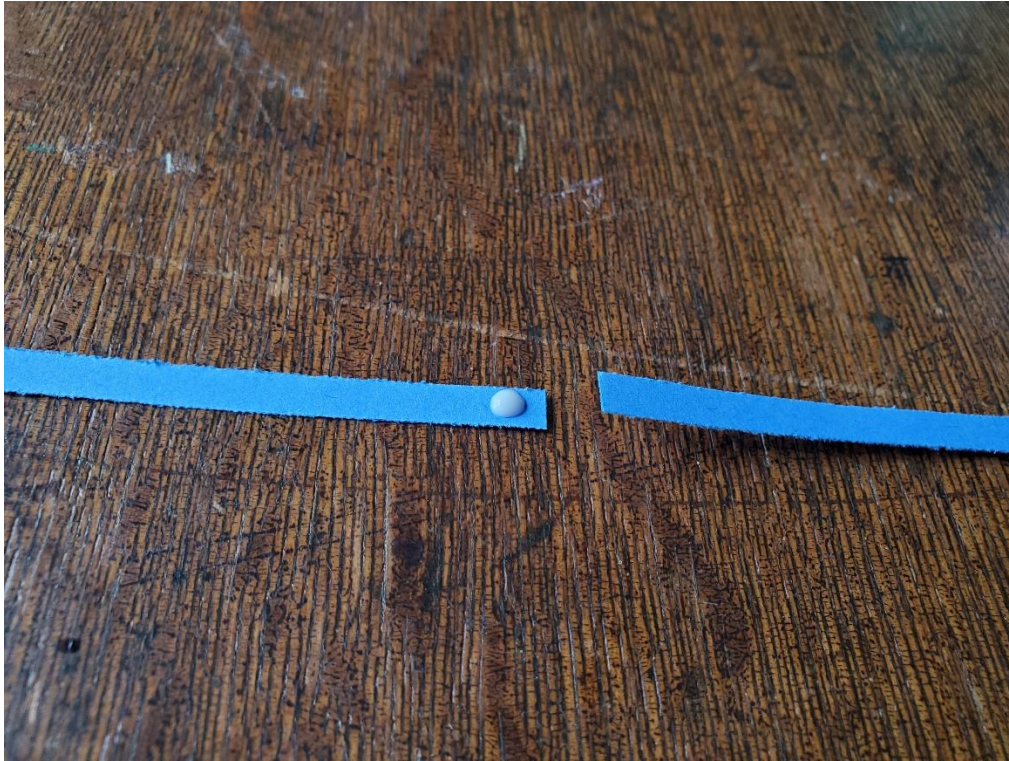
1. First, draw some design ideas. It is good to have a plan or think about which shapes and designs you would like to try.



2. Cut your construction paper into equal strips. This can be done with scissors if you not have a shredder or cutter, but the idea is to get thin, even strips of paper.



3. To make strips longer, you can glue them together at their ends.



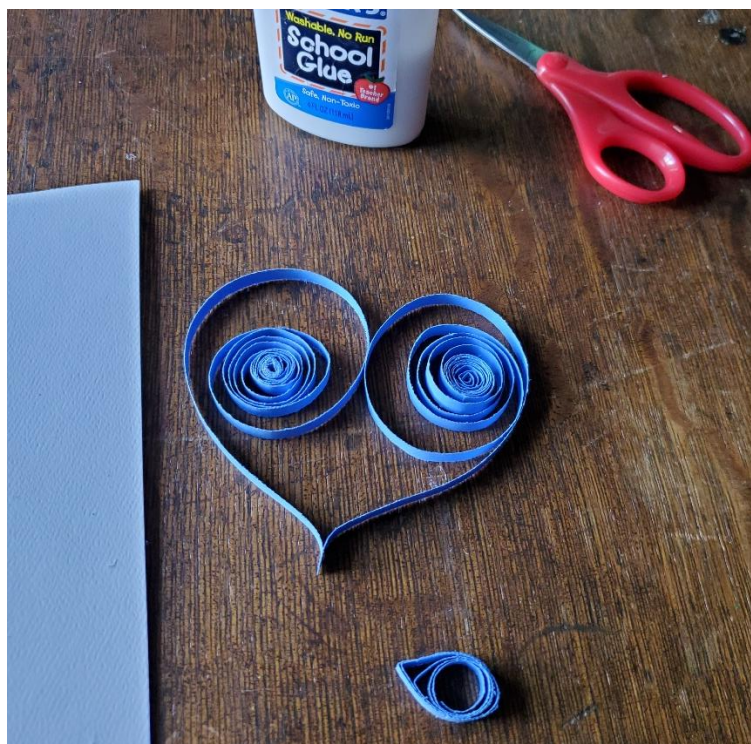
4. Wrap your strip around a pencil or other straight round object. Note: the smaller the object is, the tighter your spiral will be. ALSO, as you are wrapping the paper strip, make certain you are overlapping it on top of itself. Do not wrap up and down the pencil.



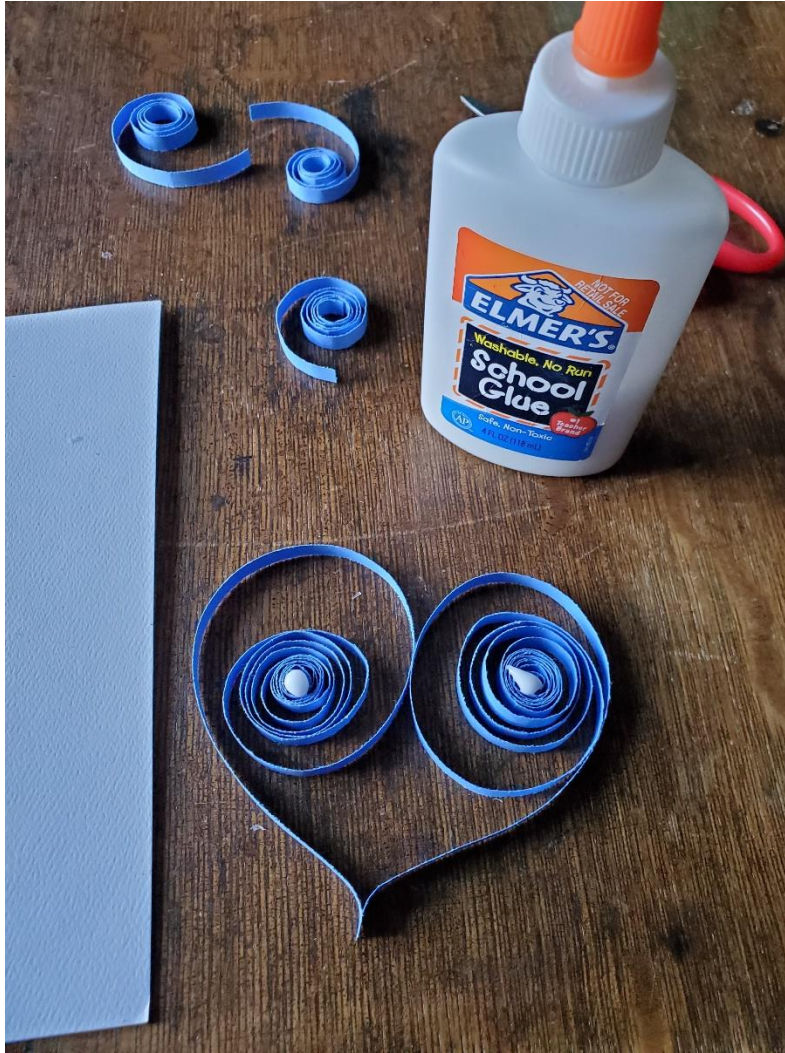
5. You can glue the end of the strip to itself, and bend/ pinch the spiral into any shape you want.



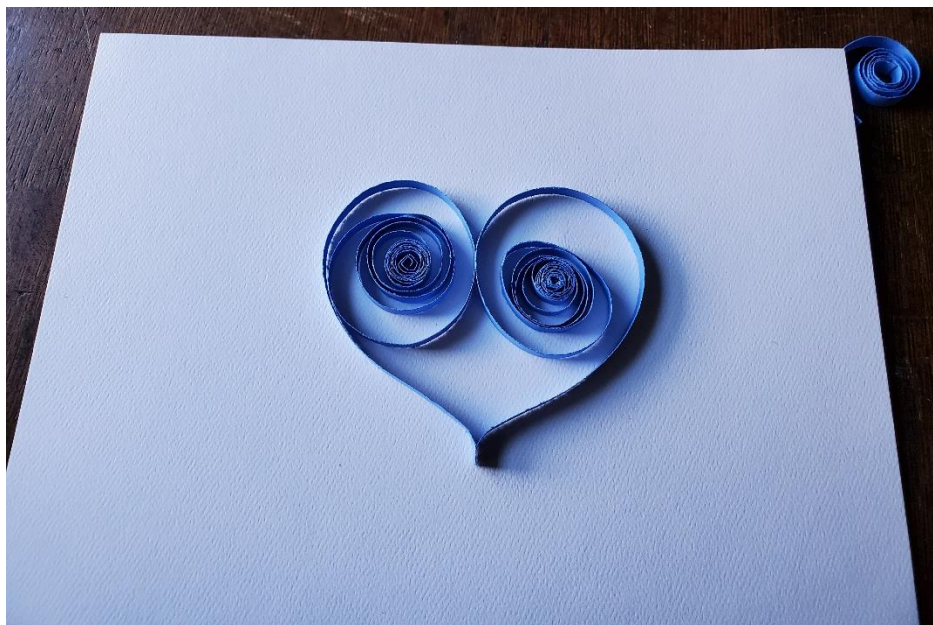
6. You can also glue spiral shapes together to make a larger shape.



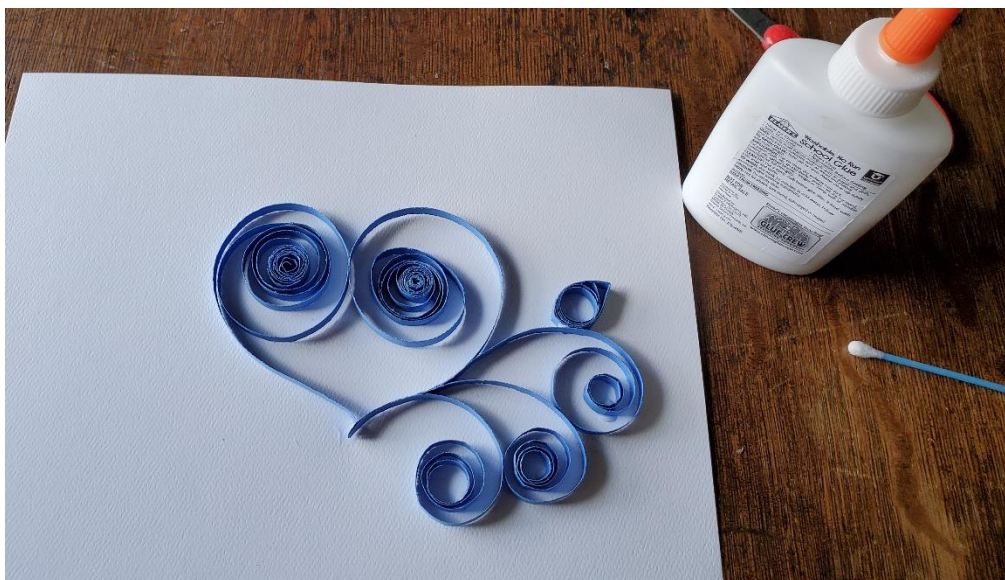
7. Once your paper shapes are made, add glue to the back of your spirals (this is less messy if you add glue where the spirals are closer together).



8. Paste your designs to your background paper.



9. Add more designs and shapes to decorate.



10. And you're done! Hang your work on the wall for all to see and enjoy!

