

Rag Doll

About: As long as there have been children, there have been toys, and there have been rag dolls. The rag doll can be dated back to the first century and most likely before that (though their remains have most likely disintegrated). Usually made from scraps of old or extra fabric, rag dolls were simply to make, often a child's first toy, and an excellent lesson in sewing.

Materials:

- Fabric (choose from old shirts or any scrap fabric)
- Scissors
- Rubber bands
- Yarn/string (optional)
- Marker



Instructions

1. Cut your fabric into one long rectangle and one shorter rectangle.



2. Starting at one of the longer ends, roll both pieces of fabric.



3. Take the larger piece of fabric and fold it in half.



4. If you are adding hair to your doll, cut several pieces of yarn and place them in between the fold. If you're not adding hair, skip to step 5 and ignore other yarn instructions.



5. Then wrap a rubber band around the top of the folded fabric (you can also use string etc. if you do not have a rubber band)



6. The yarn should be secured between the rubber band and the top of the fold.
7. Take another rubber band and wrap it around the yarn on top of the fold. Your doll's head and hair are complete!



8. Take your smaller piece of rolled up fabric and slide it between the two sides of the larger piece of fabric, underneath the head.



9. Add a rubber band below this by wrapping it around the larger fabric. Add two more rubber bands at each end of the smaller piece of fabric to complete the arms and hands!



10. The smaller piece should be secured between the rubber band that forms the head and the rubber band beneath the arms.
11. Wrap two more rubber bands to the bottom ends of your fabric to finish the legs and feet.



12. You can add more fabric to make different kinds of clothing and use your marker to draw eyes and a mouth, or just leave it blank.

